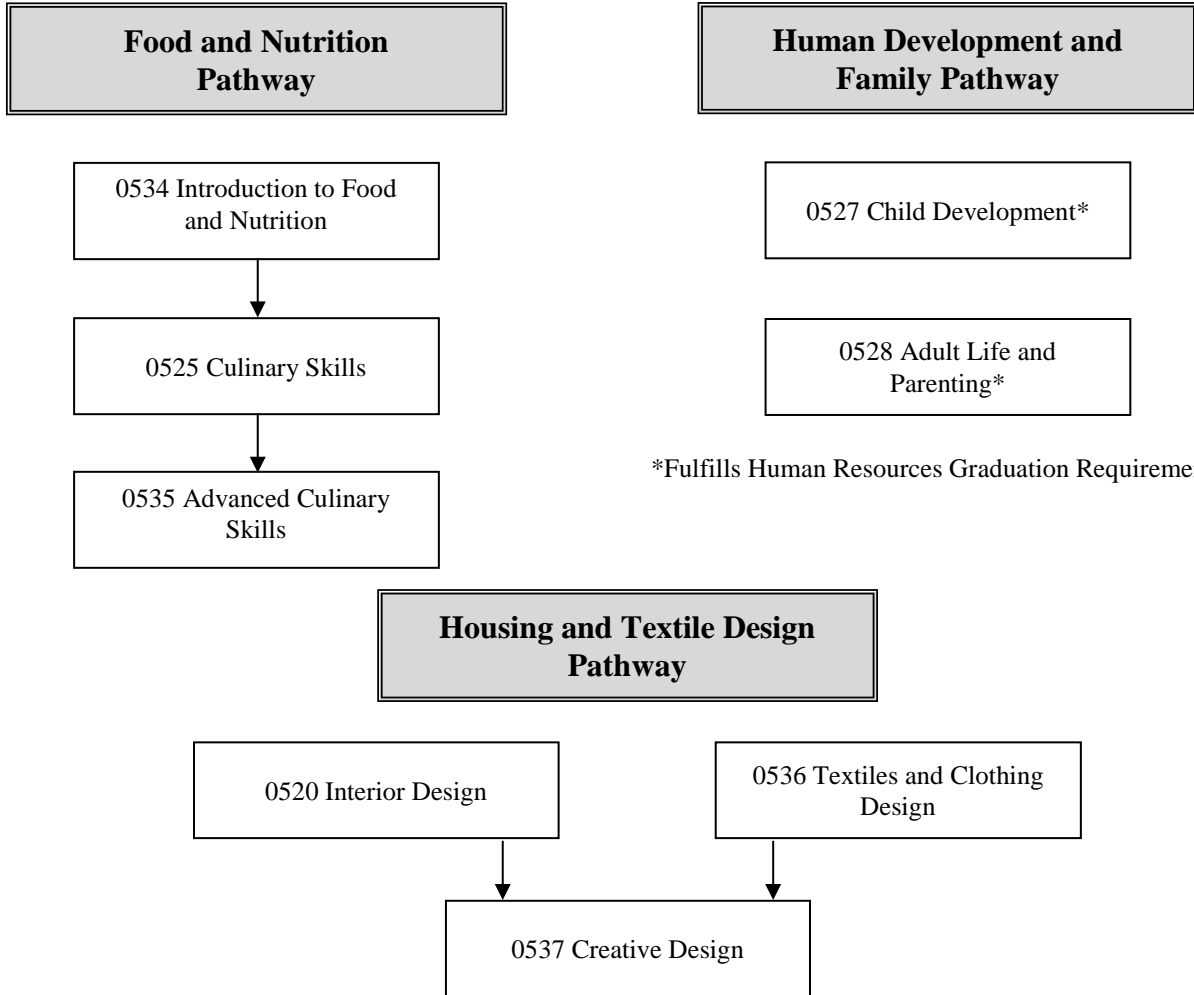
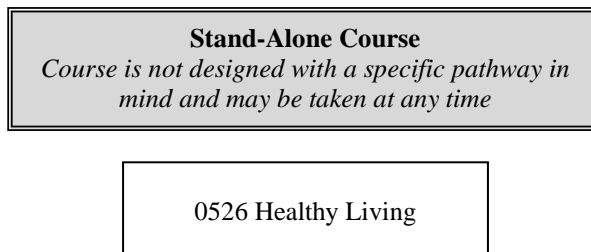


FAMILY AND CONSUMER SCIENCES



Students who have enrolled in Family and Consumer Sciences courses may participate in Family, Career and Community Leaders of America (FCCLA).

Materials for basic projects will be provided; however, students with select specialized projects may be required to purchase extra materials. Students may donate money, materials or equipment to defray cost of consumable materials or provide appropriate personal equipment. Students who qualify for free and reduced meal waivers should discuss costs with their instructors.



Healthy Living is required of all students to meet state-mandated health education requirements. This course must be taken before the start of 12th grade, 10th grade preferred.

FAMILY AND CONSUMER SCIENCES

Course	Course Name	Credits	Grade	Graduation Requirement	Prerequisites	ACT Core	Horizon High School	North High School	South High School	West High School
FAMILY AND CONSUMER SCIENCE										
0520	Interior Design	5						•	•	•
0525	Culinary Skills	5			0523 or 0534			•	•	•
0526	Healthy Living	5	9-11	H			•	•	•	•
0527	Child Development	5	11-12	HR	0526		•	•	•	•
0528	Adult Life and Parenting	5	11-12	HR	0526		•	•	•	•
0534	Introduction to Food and Nutrition	5						•	•	•
0535	Advanced Culinary Skills	5			0525			•	•	•
0536	Textiles and Clothing Design	5						•	•	•
0537	Creaitiive Design	5			0520 or 0533 or 0536			•	•	•

H = Fulfills Health Education Graduation Requirement
 HR = Fulfills Human Resources Graduation Requirement

FAMILY AND CONSUMER SCIENCES

0534 INTRODUCTION TO FOOD AND NUTRITION

5 Credits

Description: Students will learn the basics of nutrition, food preparation and dietary decision-making utilizing digital resources and laboratory experiences. Students will incorporate skills to impact their present and future health and well-being.

Prerequisites: None

0525 CULINARY SKILLS

5 Credits

Description: Students will develop skills in safety, sanitation and basic food preparation techniques required in food preparation. This course is designed for students who want to expand their food preparation skills and/or pursue a career in culinary arts, food service, or the hospitality industry.

Prerequisites: Introduction to Food and Nutrition or Foods For Today (before 2018-2019)

0535 ADVANCED CULINARY SKILLS

5 Credits

Description: Students will advance their food preparation skills while applying management principles needed for the Food Service and Hospitality profession. This course will emphasize gourmet specialties, garnishes, and cultural influences.

Prerequisites: Culinary Skills

0520 INTERIOR DESIGN

5 Credits

Description: Students will evaluate and create floor plans for residential and commercial spaces. Students will utilize the elements and principles of design to create aesthetically pleasing spaces while considering functionality and eco-friendly design. Interior design is a project-oriented class that will use technology to enhance learning.

Prerequisites: None

0536 TEXTILES AND CLOTHING DESIGN

5 Credits

Description: Students will learn clothing construction techniques and garment design while working individually and collaboratively. Students will research careers in the textile, clothing, and design industry to explore employment and entrepreneurial endeavors. Students will design and create their own textile project using digital sewing equipment and patterns.

Prerequisites: None

0537 CREATIVE DESIGN

5 Credits

Description: Students will be using reasoning skills to solve practical real-world problems in the areas of fashion design and interior design. Students will create individualized design projects to be documented in a professional portfolio.

Prerequisites: Interior Design or Textiles and Clothing Design or Clothing, Textiles and Design (before 2018 – 2019)

0527 CHILD DEVELOPMENT

5 Credits

Description: Students will explore the physical, social, emotional, and intellectual factors that relate to the developing child from prenatal to age 5. This course will develop personal skills while also preparing students for child-related career fields by interacting with children, learning from guest speakers, and participating in problem-based scenarios. Students considering participating in the Education Academy should not take this course in 9th or 10th grade. This course fulfills the Human Resources Graduation Requirement.

Prerequisites: None

0528 ADULT LIFE AND PARENTING

5 Credits

Description: Students will analyze factors that influence human growth and development through a lifespan. Class activities will focus on impacts of life events, resource management, and support systems required throughout life. The course helps students enhance interpersonal relationships and understand the effect of these relationships on families, work, and society. This course fulfills the Human Resources Graduation Requirement.

Prerequisites: None

0526 HEALTHY LIVING**9-11 (10th grade preferred)**

5 Credits

Description: Students will investigate concepts to support healthy living. Topics include self-concept, drug use and abuse, loss, death, depression, suicide, violence, stress, aging, friendships, dating, human sexuality, and digital citizenship. Students will practice critical thinking regarding their personal lives, apply problem solving and decision-making skills, to deal with societal pressures. The theme throughout the course is abstinence from risky behaviors. In this course, the Millard Public Schools Character Traits: Trustworthiness, Responsibility, Respect, and Citizenship are incorporated into lessons and student activities. Healthy Living fulfills the Health Education Graduation Requirement. The curriculum meets local, state, and federal mandates for dating violence, drug education, health education, Cardiopulmonary Resuscitation (CPR), and Automated External Defibrillator (AED) training.

Current Board policy enables parents/guardians to request, for philosophical, religious, or ideological reasons, that their son/daughter be excused from units within this course or this graduation requirement. Students excused from Healthy Living would register for one of the Human Resources courses and provide proof of CPR/AED instruction within Millard Public Schools as a replacement. This replacement course is in addition to the required Human Resource course and means that students excused from Healthy Living will be required to take two Human Resources courses. Parent/Guardian should contact the principal's office for direction and assistance.

Prerequisites: None